

Elderly Nutrition Meeting Minutes  
December 3, 2015  
1:00pm

State Department on Aging  
55 Farmington Ave.  
Hartford, CT 06105

**Meeting convened at 1:05 pm.**

**Meeting participants:**

**Phone:** Rick Liegl-Meriden SC

**In-Person:** Dawna Fahey-DSS SNAP, Chris Fishbein-WCAAA, Jannett Haughton-SDA, Stephanie Marino-SDA, Pam Toohey-SDA, Lisa LaBonte-NO Inc., Kathleen McManamy-CCCI Inc., Lucy Nolan-EndHunger Ct., Joel Sekorski-CANASP and Ron Roberts-DSS SNAP.

**Stephanie Marino** welcomed all participants to the Elderly Nutrition Meeting, and briefly summarized the September 24, 2015 meeting, indicating that minutes are posted on the SDA website.

**Discussion:**

- **Feedback on Lucy Nolan's Informational Packet regarding The Elderly Nutrition Program in Connecticut:** Lucy explained why the packet was produced; information was gathered from congregate sites; info will be put on EndHunger site; serves as informational tool to legislature. C. Fishbein questioned why no recommendation to increase funding to programs was included in packet; J.Sekorski and C. Fishbein will write recommendation together to include in packet. R. Liegl mentioned the Hartford courant article about the aging population in CT.

- **Work Groups:**

Alternate Funding Sources: Lisa Labonte and Kathleen McManamy met. NO Inc. will be applying for Buck Foundation grant to be able to provide meals for 60 to 90 days post release & nutritional counseling for patients leaving hospital; Waterbury Hospital looking for data on readmissions due to lack of nutrition, working with Ct. Hospital Assoc; hope to get grant from hospital if can show data. TVCCA formed relationship with Backus Hospital. Bundled payments starting 1/1/16 per Affordable Care Act, in which hospitals are paid a "lump sum" per patient regardless of how many services the patient receives.

Consumer Workgroup: (Stephanie Marino and Jannett Haughton) Met with seniors for lunch in Meriden and Granby; common statement was being able to have a CHOICE of foods; didn't indicate wanting more days of meals; like getting together for meals and seeing friends. It was suggested that Jannett and Stephanie visit an ethnic site. Suggestion was made that that CASC (Connecticut Associate of Senior Center Personnel) host a large senior center event with senior directors regarding congregate meals. Stephanie will be checking with SDA Senior Ctr liaison Sandy Leubner.

Administrative Complexities: Workgroup is underway. Sheila Nolte is convening.

- **Other topic items:**

Meals on Wheels of America Webinar link:



FW Upcoming Educational Opportunities - November 30 2015 not-secure.msg

J. Sekorski – Gardening Program Farm to Table huge success; many veggies, honey jars, etc distributed to people.

CANASP considering name change to Meals on Wheels of Connecticut

CANASP is looking into the process and what is entailed when making a name change that includes a local affiliation with a National entity.

- Workgroups will provide about 5 recommendations each for June 30, 2016 report (Public Act 15-40)
- Next meeting Wednesday, February 24, 2016 1:00 – 2:30  
SDA 55 Farmington Ave, 1<sup>st</sup> floor Conference Room #1012

Meeting dates for 2016:

Wednesday, February 24, 2016

Tuesday, May 17, 2015

**Meeting was adjourned at 2:32 pm.**